## Yn y Lwp!

#### (In the loop - Ysgol Cwm Brombil's Weekly Bulletin)

In this edition:

- Social Media Accounts
- Trips & Events
- Sporting News

	Spring Term / Tymor y Gwanwyn
Half Term : <i>Hanner Tymor</i> :	Monday 24 <sup>th</sup> February - Friday 28 <sup>th</sup> February / Dydd Llun Chwefror 24 – Dydd Gwener Chwefror 28
End / Diwedd:	Friday 11 <sup>th</sup> April 2025 / Dydd Gwener 11 Ebrill 2025

Week Beginning - Monday 31 <sup>st</sup> March 2025 Week 1				
Monday		Music GCSE Practical		
Tuesday		Year 9 Parents Evening (15:25 – 18:30)		
Wednesday				
Thursday				
Friday				

Week Beginning – Monday 7 <sup>th</sup> April 2025 Week 2			
Monday			
Tuesday		Year 11 Exam Information Evening	
Wednesday			
Thursday		Ski Trip Departure	
Friday			

Our exciting program of Enrichment is available on our website: <u>Ysgol Cwm Brombil Enrichment Programme</u>



## **Ysgol Cwm Brombil Social Media Accounts**

We are glad to announce that we have created our very own Ysgol Cwm Brombil Instagram account. We also have Instagram account of other departments in our school. Why not follow some of our accounts.



## YCB Gardens

Our year 7 & 8 Nurture class have been busy making 'grow your own' vegetable kits!

They have coir, pots, labels, seeds and instructions all in a decorated bag. They have enjoyed immensely making them and are really excited to get some money to put back into the garden to buy much needed supplies such as compost, and Pumpkin seeds! Kits available from our rewards shop.

Your support is greatly appreciated, thank you, Diolch!





## **SLEEP HYGIENE**

Five effective tips to establish a healthy sleeping habits

# Stay clear of stimulants late in the day.



Avoid drinks and foods that contain caffeine



### Create a relaxing bedtime/prebedtime routine.

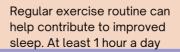
A relaxing activity about an hour before bed helps creates a smoother transition.

### Keep your room cool and comfortable.

Ideal for sleeping is cool, quiet, and dark.



### Regular Activity



# Stick to a consistent sleep schedule.

Going to bed and waking up at the same time every day

## Unplug an hour before bed.

Keep screen use to a minimum, switch off at least an hour before bed,

Avoid eating high sugar/ fatty foods late that may disrupt sleep.

Laying down right after a big meal, your digestive juices are still working

### **Attendance Information**



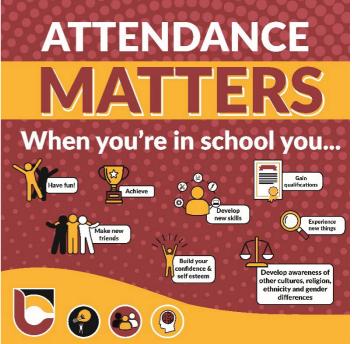
Our attendance target for all students is 100% and our **minimum expectation is 95%.** The <u>infographic</u> above shows the impact of days missed and minutes late can have on a child's learning.

For example:

- If a child is **late to school just 5 minutes** each day, throughout the year that equates to **3 days lost to learning (15 hours).**
- Attendances of **97%** allows for one day of absence per half term and results in **30 hours lost tolearning**

#### **Important Reminders:**

- Parents MUST contact school to report any absences on 01639 760110 before 8.30 am.
- 2. Parents should contact the school **each day** that a pupil is not attending.
- 3. If the school are not notified, then **you will be contacted** by a member of the Attendance team to find out why your child is not in school.
- 4. If you child is not notified of the reason for the absence it will be recorded as **unauthorised absence**.
- 5. If there are three unauthorised absences in a row, the Safeguarding Lead and Education WelfareOfficer will be made aware to ensure that you child is safe.
- 6. You will be required to produce medical evidence if you state that your child is ill for 3 or moreconsecutive days.
- 7. We will ask the school Healthcare Professional to contact you if there is an absence of morethan 2 weeks.
- 8. Term time leave will only be granted by the headteacher on request.
- 9. Where possible, all appointments should be made outside of the school day.



## **Trips & Events**

GCSE Photography pupils visited the UWTSD in Swansea. Pupils learnt about the BA (Hons) in Photography degree course, made a Pinhole camera and learnt how to develop their photos in the dark room. It was a fantastic experience enjoyed by all!







PHOTOGRAPHY

Last Friday, our year 8 pupils went on a trip to Swansea University to learn about jobs and money after school. They did various workshops on the topic including ranking jobs from highest to lowest salary and creating a poster for a job in the future. They had a small tour of the university and got the chance to visit their library and one of their many lecture halls.













### **School Uniform Expectations**

All students are expected to wear school uniform throughout the school day. Below are uniform guidelines for both boys and girls, as well as PE Kit:

	All pu	pils Yea	ar 7 to 11	
Blazer	Black school blazer		Available from Bergoni. Blazers must be brought to school and worn every day.	
Shirt	White shirt with collar.		Can be purchased from any retailer.	
Trousers	Plain black tailored uniform style trousers.		Jean style, corduroys, skinny or casual trousers are not permitted.	
Skirt *	Plain black school uniform style skirt.		Skirts should be an appropriate length.	
Tights	Plain black tights		Tights are to be worn with skirts and can be purchased from any retailer.	
Shoes	Black shoes with black lac	es.	Available from any retailer. Black leather converse shoes are permitted. NO TRAINERS	
Tie	School tie.		Available from Bergoni.	
Jumper	Black with badge.		Available from Bergoni. Jumpers are optional.	
Shorts	Black tailored shorts.		Only for the summer term. Not PE shorts.	
Outdoor coat/Jacket	Coats should be waterproof and black in colour.		Available from any retailer.	
Socks (only if not wearing tights)	Ankle height, plain black or white.		Available from any retailer.	
Any r			<u>ot</u> allowed in school. ng the day will have them confiscated.	
<i>,</i>		sical Ed		
Unisex T Shirt			Available exclusively from Bergoni	
Rugby Jersey		Available exclusively from Bergoni		
Shorts		Available exclusively from Bergoni		
Socks		Available exclusively from Bergoni		
Unisex ¼ zipped top		Optional item. Available exclusively from Bergoni		
Plain black tracksuit bottoms		Optional available at any retail store		
Skort or Legging (recommended to go a size bigger than your normal clothes size as they are smaller sizes.)		Availabl	e exclusively from Bergoni	
			lies are not allowed in school. ng sleeve PE top when cold.	

For further information regarding our uniform expectations please see our <u>school website</u>:

## **Sporting News & Success**

### **Rugby**

Year 9&10s first encounter of 7s rugby and they smashed it! The future is bright for girls' rugby at YCB.



For more pictures and action videos go to the PE Instagram <u>YCB\_PE</u>

### **Brombil Barracks Announcement**

Brombil Barracks is a welcoming support group at Ysgol Cwm Brombil for service children. Welsh Government define service children as:

A 'Service child' has parent(s) or person(s) exercising parental responsibility who is/are Service personnel serving:

- In HM Regular or Reserve Armed Forces Royal Navy and Royal Marines; British Army and Royal Air Force,
- > Or- Is an Armed Forces Veteran who has been in Service within the past two years,
- Or One of their parents died whilst serving in the Armed Forces and the learner has received a pension under the Armed Forces Compensation Scheme or the War Pensions Scheme.

If your child falls into this category and we are not aware please contact the school to inform us so we can provide appropriate provisions. Please find useful links and tools below to support your service children at home. We would encourage you to share any future deployments with us and if deployed parents require communication from staff regarding pupil progress please contact us and we can accommodate this. Mrs Stanton (B12) and Mrs Sims (B14) are available for pupils drop ins at any time.

SSCE Monthly Bulletin: SSCE Cymru :: Monthly school bulletin

SSCE Family Guide: SSCE Cymru Service family guide

Little Troopers at home: Little Troopers at Home - Little Troopers

**Further support for service children with ALN:** Education Advisory Team (EAT)

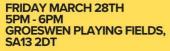
X accounts: @SSCECymru @LittleTroopers

Future Military Opportunities: <u>Motivational Preparation College for Training (MPCT)</u> The Reserve Forces' and Cadets' Association (RFCA) for Wales









# GIRLS FOOTBALL





#### **CONTACT INFO:**

RHYS BURGESS - 07494783688

OR THROUGH ANY OF OUR SOCIAL MEDIA PLATFORMS...



#### The Pantry

Our weekly food bank is open every Thursday from 3.15. This is available to anyone within our school community, no referral needed, please just drop in as and when needed.

We all need a little help sometimes. Entrance to the Food Bank – The Pantry is accessed via the pupil entrance in the senior phase school, inside the canteen area.

Refreshments will be provided for everyone waiting, we look forward to seeing you, please remember to bring your bags with you.

#### **Donations**

We are always grateful for any donations that you can provide towards our food bank, we always need the below items. There is a drop off trolley in reception:

- Tinned Goods:
  - o Meats hotdogs, minced beef, pies, meatballs, curries etc.
  - o Beans
  - $\circ$   $\,$  Beans and Sausage  $\,$
  - o Spaghetti
  - o Tinned Veg
    - Potatoes,
    - carrots,
    - peas,
    - sweetcorn
  - o **Tuna**
  - o Tinned fruits
- Cereal
- UHT Milk
- Pasta including sauces
- Toiletries
  - o Shampoo,
  - o Shower gel,
  - o Conditioner,
  - Toothpaste
  - o Toilet rolls

\*Please NO sanitary products, we have lots in stock

THANK YOU FOR YOUR SUPPORT





## Term dates for 2024-25

Autumn Term, half term 1 2024-25				
Tuesday 3 <sup>rd</sup> September 2024	Year 7 & 11 attend school			
Wednesday 4 <sup>th</sup> September 2024	All pupils attend school			
Friday 25 <sup>th</sup> October 2024	Last Day of half term 1			
Half Term holiday - Monday 28 <sup>th</sup> October 2024 – Friday 1 <sup>st</sup> November 2024				
Autumn Term, half term 2 2024-25				
Monday 6 <sup>th</sup> November 2024	Term starts			
Friday 29 <sup>th</sup> November 2024	Staff INSET (Training) Day			
Monday 2 <sup>nd</sup> December 2024	Staff INSET (Training) Day			
Friday 20 <sup>th</sup> December 2024	Last Day of half term 2			
Christmas Holiday – Monday 23 <sup>rd</sup> December 2024 – Friday 3 <sup>rd</sup> January 2025				
Spring T	erm, half term 3 2024-25			
Monday 6 <sup>th</sup> January 2025	Half term 3 Starts for all pupils			
Monday 17 <sup>th</sup> February	Staff INSET (Training) Day			
Friday 21 <sup>st</sup> February 2025	Last Day of half term 3			
Half Term holiday - Monday 24 <sup>th</sup> February 2025 – Friday 28 <sup>th</sup> February 2025				
Spring T	erm, half term 4 2024-25			
Monday 3 <sup>rd</sup> March 2025	Term 4 Starts			
Friday 11 <sup>th</sup> April 2025	Last Day of half term 4 for pupils			
Easter holiday - Monday 14 <sup>th</sup> April 2025 - Friday 25 <sup>th</sup> April 2025				
Summer Term, half term 5 2024-25				
Monday 28 <sup>th</sup> April 2025	Term 5 Starts			
Monday 5 <sup>th</sup> May 2025	May Day Bank Holiday			
Thursday 22 <sup>nd</sup> May 2025	Last Day of half term 5			
Friday 23 <sup>rd</sup> May 2025	Staff INSET (Training) Day			
Half Term - Monday 26 <sup>th</sup> May 2025 - Friday 31 <sup>st</sup> May 2025				
Summer Term Half term 6 2024-25				
Monday 2 <sup>nd</sup> June 2025	Half term 6 Starts			
Friday 18th July 2025	Last Day of half term 6 & End of school Year			

